

# Help with alcohol and drug use in Wolverhampton

If you're worried about your own drinking or drug use, or someone else's, give us a call. We don't judge or tell you what to do.

We offer friendly, practical advice and support – whether you just want to talk about the affects of drugs and alcohol or need treatment.

Wolverhampton Substance Misuse Service  
**Call 0300 200 2400**

Recovery near you

## **Who we are**

Recovery Near You is a free, confidential service for people in Wolverhampton who are worried about their own drinking and drug use – or someone else's.

## **We offer practical advice and support on things like:**

- the affects of drugs and alcohol
- how to reduce harm (to yourself or others)
- where to pick up and dispose of needles
- getting tested for infections
- who to talk to if you need help with housing or money

If you have specific health or wealfare needs, we can put you in touch with GPs and other professionals. But we won't tell you what to do. We're here to give you support and advice – however you need it.

## **Who the is service for**

Recovery Near You is for adults over 18.

## **Where we are**

We're based in Wolverhampton and our service is for anyone living in the Wolverhampton area.

## **How to get in touch**

You can call us, pop in for a chat – or we can come to see you.

Call our confidential helpline on **0300 200 2400**.

Email: [talktous@recoverynearyou.org.uk](mailto:talktous@recoverynearyou.org.uk)

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